



# Qdays Medical Holidays

Quality Medical Holidays  
in Romania





From the **Clinics** we work with...



... to stunning **Sceneries** and  
**great Accommodation.**



# The Company

*Qdays stands for **Quality Medical Holidays**. We represent our **clients**, facilitating their **relationship** with our partners: from the **clinics** we collaborate with, to different **accommodation** providers.*

➤ Why spend several days waiting in a hotel room for the next appointment or trying to find your way around an unknown city when you can relax and enjoy your time while a dedicated personal agent will take care of everything?

We make sure that each one of our clients gets the best deal available, while receiving excellent quality services. We pride ourselves with partnering the best dental, plastic surgery, orthopaedic surgery and eye-care clinics in the

area while ensuring every client coming through us benefits of affordable prices on all medical treatment and accommodation.

We believe in building relationships, and for this reason every client is assigned an account manager responsible for handling the entire experience, from initial contact to personally driving you around while you are with us.



[Read more about what Qdays stands for](#)

# Walkthrough

Let's take another **look** at the Qdays walkthrough - as we like to call it. Take a moment to **read** through as these paragraphs will help you better **understand** all the steps in the **Qdays process**.



## 1. CONTACT US

We consider us your partners. And with any partnership comes communication. We've made it very simple for you to drop us a line: just choose from "Live Support" or the contact form directly accessible from any page on our website. You can also give us a call at any time and **speak directly to one of our staff**.



Contact Us now!

## 2. X-RAYS AND MEDICAL INFORMATION

We're always finding the best suitable clinics for your treatment while ensuring you're receiving the highest level of personal care through our accommodation facilities and the availability of an account manager. We have also taken on the job of making sure you pay as little as possible for all of the services you receive while you are with us. We would therefore ask that the preliminary information is done independently of Qdays. Please do send us this information via e-mail. This would regularly consist of a panoramic X-Ray and a routine check-up.

### 3. MEDICAL TREATMENT QUOTE

We mean it when we say you would get the best suitable clinic. Once we get your information, we will forward it to our partner clinics, and then it's up to you to select the most complete treatment plan at the best price. It will regularly take up to two working days before you receive the detailed treatment plans and the exact prices you would be paying. Meanwhile, take the time to [think about your holiday](#).

### 4. THE HOLIDAY QUOTE

Tailor-make your holiday to get the most out of your visit! With a wide range of accommodation providers you can be sure we'll find the right one for you. Make your stay into a true holiday by choosing from various activities available in and around the city of Braşov. Once you've decided where you would like to stay, and what you would like to do in your spare time, from cultural to adventurous.

Please bear in mind the following points:

- There needs to be a gap of at least 14 days between accepting the quotes and your arrival. We allow this time for our medical partners to clear up their schedule ensuring you get the most of their time and dedication.
- We do not represent a clinic, so we will not take payment on behalf of our medical partners. The medical bills are payable upon the completion of every stage in your treatment. In the case of two stage treatments, your quote will detail how the treatment is divided.
- To confirm your booking, payment will need to be made in full to cover the holiday quotation.
- We won't book a flight in your name, as you may have flight preferences we don't have access to, but make sure to let us know if you prefer a certain operator or if you are a member with any of the airline alliances and we'll search the web for the best suitable flights.

## 5. YOUR EXPERIENCE BEGINS.

Welcome to Romania! Your account manager will warmly greet you at the airport to take you to your final destination on a two and a half hour journey. This drive will take you from the capital of Romania through breathtaking sceneries on Prahova Valley to the best of what this country has to offer - Braşov. We'll make sure you get the chance to convince yourself of this. Depending on your medical appointments, we will present you with a schedule for the visits you booked. So take the time to enjoy your stay, have a look at all the extra activities available in Braşov, and if any of them catches your eye, contact your account manager to get all the details. If you would like to pick another one of our tourist tours make sure to let us know. Give us a day or two to arrange everything.

 [Read more about the Qdays experience](#)

## 6. SMILE CONFIDENTLY!

Once the medical treatment is completed, your account manager will take you to the airport in time for your flight back home. From here it's all learning to smile confidently once more. We hope you enjoyed your experience, and that Romania has proven to be an ideal holiday destination.

### Some guidelines to plan your trip better

- Romania is a member of the European Union, therefore, if you don't need a visa for EU countries, you won't need one for Romania.
- The Romanian currency is Lei (RON)
- You can easily find exchange offices, and you can expect to get around 460 Lei for 100 GBP and 410 Lei for 100 Euros.
- The language spoken is Romanian but most of the people can handle a conversation in English or French.

# Guarantee

We **believe** in a guaranteed service and will always **endeavour** to provide access to nothing but the **best services**.

➤ As third party facilitators, we can't take responsibility for any sort of medical procedure.

However, through our agreements, customers introduced by Qdays will be fully informed about all of the guarantees our service partners offer upon receiving the treatment plan.

Don't hesitate to [contact us](#) if you feel you need more details on this aspect.

We do however take full responsibility for your holiday services. If you find that any aspect of your holiday does not reach the standards you've been informed of, please let us know.

We will be sure to look into it immediately so that your stay with us will be as pleasant as possible.



[Get in touch to find out more about the Qdays guarantee](#)



# Medical Terms

**Understand** the language a bit better with our short guide to the most common **dental** and **eye-care** procedures. [For more details visit Qdays.com](http://Qdays.com).

## > Crowns

Crowns can be regarded as a cap, generally covering the entire tooth, restoring its appearance, strength and durability. There are a range of materials used for crowns from gold to porcelains and other ceramics. Crowns are used most often where a large portion of the tooth has fractured off and needs strength restoration, or after having implants fitted.

## Root Canals

This procedure is required when the tooth's canals, are infected and cause pain. In order for the tooth to be saved from extraction the canals need to be cleaned with an alkaline paste. The canals are then filled back and the tooth will generally require a crown to be installed in order to protect the tooth.

## Bridges

Bridges replace missing teeth. Instead of a crown resting on the remainder of the tooth, where the tooth is completely missing, a bridge will be installed, using adjacent teeth for support. Generally the instalment of two crowns on the adjacent teeth is done to support the bridge. Bridges can be made of gold, porcelain or other ceramics.

## Veneers

Veneers are very thin coatings of material which go on top of your teeth helping to change their shape or colour. The material used will generally be porcelain or other types of ceramics. Veneers are used when tooth whitening is not an option, or when the teeth are unevenly spaced, or have been chipped.

## > **Implants**

An implant typically involves a screw fitted into the jawbone to replace the missing root. This screw is covered with a natural looking crown replicating the missing tooth. Bone density is crucial for the success of an implant. However, if bone density is lacking, bone grafts may be inserted to hold the screw. Titanium merges with the jaw bone to form a strong bond improving the functionality of dentures.

## **Knee Replacement Surgery**

The surgical insertion of a hinged prosthesis performed to relieve pain and restore motion to a knee severely affected by osteoarthritis, rheumatoid arthritis, or trauma.

## **Hip Replacement Surgery**

Substitution of an artificial ball and socket joint for the hip joint.

## **Cataract**

Gradual clouding of the crystalline lens resulting in reduced vision or eventual blindness, correctable by cataract surgery if visual loss becomes significant, the optical power being replaced with an intraocular lens, contact lens, or aphakic spectacles. May be congenital or caused by trauma, disease, or age.

## **Glaucoma**

Painless disease of the eye characterized by increased pressure within; left untreated it leads to a gradual impairment of sight often resulting in blindness.

## **Astigmatism**

Structural defects of the eye in which the light rays from a viewed object do not meet in a single focal point, resulting in blurred images being sent to the brain. An astigmatic cornea is not perfectly rounded but has an irregular shape. Astigmatism is most often combined with myopia or hyperopia.



#### CONTACT US

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